

PERSONAL INFORMATION



Annamaria Acquaviva

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📝 Blog: www.HealthRevolution.it

Date of birth: 26-5-1978

Civil status: married (1 child)

WORK EXPERIENCE

01/2010–present

Dietician Nutritionist at own offices in Bologna and Faenza (Italy).

04/2016–present

Person in charge of the BATMAN prospective observational study, a prevention project on child overweight and obesity, approved by the Irst Irccs Ethics Committee and *Area Vasta Romagna* and implemented thanks to IOR, *Istituto Oncologico Romagnolo* (Oncology Institute) and with the patronage of ANDID, (Dieticians National Association); winner of ANDID's *Good Idea Wanted* competition.

10/2016–present

Science popularizer for IOR, *Istituto Oncologico Romagnolo*, for food education initiatives aimed at the larger public.

2013–present

Nutritionist for several companies, among which: *CIA Conad* (in charge of the campaign *Colore è salute*), *Pomi* (creation of a recipe book), *Lune Buone-Frutta and verdura Bio* (in charge of a feature for the corporate blog), *Marella - gruppo Max Mara (Stay fit- Detox&Fashion)*, *Dienea MagNews* (company course on food education), *Panificio F.lli Bassini* (creation of an advertorial), *UNAPROA* (Nutritionist for the campaign *Nutritevi dei colori della vita* on TV channel Rete 4), *California Prune Board*.

Nutritionist for the association *Unione Nazionale dei Consumatori di Ravenna* (Ravenna National Consumer Union – speaker at and organizer of popularisation events on food-related topics).

Since 2010

Science popularizer at TV and radio shows, for different Italian channels, among which: Rai 1, Rai 3, Rete 4, Italia 7, TeleRomagna, Telesanternò, Odeon TV, DiTV, Radio RTL, Radio RCB.

In 2017, nutritionist for the TV campaign *Nutritevi dei colori della vita* during the Rete4 channel programme *Ricette all'Italiana* hosted by Davide Mengacci.

2004–2008

Pharmacist at the *Farmacia della Scala* in Bologna.

EDUCATION AND TRAINING

A.Y. 2009/2010: **Dietetics Degree**, magna cum laude (mark: 110/110), from the Faculty of Medicine and Surgery of the University of Bologna, with an Educational Sciences degree dissertation: Eating Behaviours in the Developmental Age and Family Education, dissertation supervisor Prof. Maria Teresa Moscato.

A.Y. 2002/2003: **Pharmacy Degree**, from the University of Bologna, with a Pharmaceutical Socio-Economic Technology and Legislation degree dissertation: The Antioxidant Properties of a Mango Extract: Vimang, dissertation supervisor Prof. Adamo Fini.

1997: **High School Diploma (Humanities Lyceum)**, from the *Collegio San Luigi* in Bologna.

Additional experiences:

2009: Metabolic Disorders, with Prof. Marchesini, concerning the cognitive-behavioural method in the relationship with patients and analysis and presentation to groups of patients on food

education topics.

2009: Dietetics ward, Bellaria hospital in Bologna and at the Faenza hospital.

2008: *Policlinico S. Orsola* hospital, University of Bologna, in the following wards: Nephrology, Paediatrics, Eating Disorders, Endocrinology and Metabolic Disorders, with Prof. Melchionda.

Refresher courses

Regularly participates in refresher courses organized by Scientific Organizations, to obtain training credits *ECM (Educazione Continua in Medicina – Lifelong Learning in Medicine)* of the National Programme for the Training of Health Professionals, of the Ministry of Health.

PERSONAL SKILLS

Mother tongue Italian

Other languages

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
English	B2	B2	B2	B2	B2

Levels: A1/A2: Basic user - B1/B2: Independent user - C1/C2 Proficient user
Common European Framework of Reference for Languages

ADDITIONAL INFORMATION

Memberships

Member of the Board of Directors of *Associazione tecnico Scientifica dell'Alimentazione, Nutrizione e Dietisti italiani* (ASAND - Scientific Association for food Nutrition and Dietetics) since May 2018.

Regional Secretary of *Associazione Nazionale Dietisti* (ANDID - Dieticians National Association) Emilia Romagna chapter, since March 2017 to May 2018.

Representative of ANDID in the Degree Commission for State Exams in Dietetics at the University of Ferrara.

Member of ANDID since 2011.

Member of the *Albo dei Farmacisti* (register of pharmacists) of Bologna since 2004.

Member of ASAS (*Associazione per la Salute correlata all'Alimentazione e agli Stili di vita – Association for Health related to Eating Habits and Life-styles*) since 2013.

From 2012 to 2015, on behalf of AIRC (*Associazione Italiana della Ricerca sul Cancro – Italian Association for Cancer Research*), in charge for Faenza chapter.

Publications

2017: author of the book *Colore è salute*, describing the benefits of fruits and vegetables.

2015: author of the book *Bambini a tavola. Quasi un gioco!*, about correct eating in childhood and recipes for children.

Since 2013 author of the blog *HealthRevolution*.

Awards

March 2018 awarded with the Health Oscar at the Italian Health Award.

July 2018 conferral of the Rotary honor Paul Harris Fellow, on the initiative of food education aimed at children carried out in primary schools in Faenza.

May 2016 election as the author of the BATMAN project, presented at the *Week of the Dietician*, among the winners of the "Good idea wanted" contest.

Conferences

May 2018 scientific director and speaker at the conference: *New Frontiers in Nutrition e pediatrics* at the Catholic University of Piacenza.

November 2017: speaker *Nuove problematiche in Ristorazione collettiva* (New Issues Related to Catering/Canteens) at the Università Cattolica of Piacenza with a speech entitled *Il progetto BATMAN* (The BATMAN Project).

October 2017: speaker at 32nd Congress of Antibiotic Therapy with a speech entitled *Il controllo nutrizionale del bambino obeso* (The Nutritional Control of the Obese Child).

In 2017 speaker at *NutriMI – Forum Internazionale di Nutrizione Pratica* (International Forum of Practical Nutrition) with two speeches entitled: *L'interessante potenziale salutistico delle prugne disidratate secondo le ultime evidenze scientifiche* (The Interesting Health Potential of Dried Prunes According to the Latest Scientific Evidence) and *Dietista, professionista e blogger, l'esperienza di HealthRevolution* (Dietician, Professional and Blogger, the experience of HealthRevolution).

In 2017 speaker on behalf of *Azienda Ospedaliera Universitaria Scuola di Medicina e Chirurgia Federico II* of Naples at the event *Atelier della Salute*, with a speech entitled *La salute raccontata* (Health Narrated).

In 2016 speaker at the National Congress of *ANDID* (Associazione Nazionale Dietisti - Dieticians National Association) as author of the BATMAN project, winner of the competition of the *Settimana del Dietista* (Dietician's Week).

Science popularisation and TV appearances

In 2017 nutritionist for the TV campaign *Nutritevi dei colori della vita* during the Rete4 channel programme *Ricette all'Italiana* hosted by Davide Mengacci.

In 2015 at Milan Expo 2015 presenter and speaker at an food education event: *Bambini a tavola. Quasi un gioco!*

Since 2010 speaker and coordinator of scientific or popularization events on the topics of food and well-being. Science popularizer also for courses of *Cucina del Benessere* and presentations in schools with children and adolescents.

Since 2010 columnist and writer of popularising articles and features; also interviewed in her capacity as nutritionist for several magazines and periodicals, among which: *Il Resto del Carlino*, *Vanity Fair*, *l'Accademia del Fitness Wellness-Antiaging Magazine*, *Vero Salute*, *Il Piccolo di Faenza*.

Social media activities

Excellent knowledge and use of IT programmes and Social Media (Instagram, Facebook, Twitter, Pinterest, YouTube), applied also through her own blog *HealthRevolution.it*.

Processing of personal data

I authorise the use of my personal data according to Legislative Decree No.196 of 30th June 2003, "Data Protection Law".